



J Hachiman-bashi **Bridge**

The oldest iron bridge in Tokyo, built in 1878, Hachiman-bashi Bridge reflects the character of the early Meiji year, and is well-known for the chrysanthemum crest incorporated into the design.



nakacho Station, visitors to this

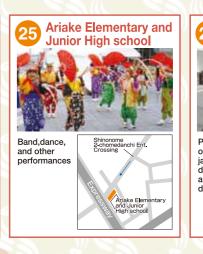
shopping arcade can experience

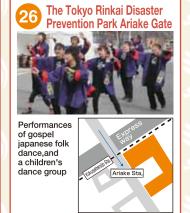
a lively atmosphere befitting the

approach to a temple.











L JOGPORT ARIAKE A facility that supports runners produced





M Symbol Promenade Park

The best place to enjoy a run along



N Water Plaza Park

Divided into three areas, visitors can enjoy a range of activities, including running, leisurely watching water buses, and





corner,and a variety

of booths and food



folk dance, and taiko drun



Bring the entire family!

Ariake East Promenade



11:00

13:00

13:15

13:45 14:00

14:45 15:00

16:00

At the Ariake East Promenade main venue, events catering to a variety of interests will be held making the Tokyo Marathon even more exciting.

11:00~16:00

* The program will be in Japanese only

The Tokyo Rinkai Disaster Prevention Parl

Fun events for all!

Family Sports Land

11:00~16:00



A range of events where visitors can experience and observe sports. Programs both adults and children can enjoy will be offered. We hope that you will participate!

Bosai (Disaster Prevention) Pentathlon Zone

Bosai (Disaster Preparedness Pentathlon

A new type of competition that teaches participants about disaster preparedness, including rescue and escaping from a fire, through sports.





Spectator Zone

Dodge Ball Rinkai Cup

The tournament will be held with the cooperation of the Tokyo Dogeball Association. We hope that you enjoy this fast-paced game filled with excitement.



Yuriito and Sorajiro bouncy houses





Disabled Sports Zone

- Wheelchair Basketball
- Boccia Blind Soccer





Kids Zone

- Games: Struck out and Soccer nine





New Sports Zone

Ground Golf Dodgebee

Sport Chanbara

- Sport Fukiya
- Kubb





Main Stage Event Schedule

Japanese Folk Art Performances

A variety of performances of Japanese folk art

12:30 12:45 TOKYO Taiso

12:45~13:00 Group Exercise A new fitness routine that anyone can enjoy

Performance by Japanese Comédians "DOBUROCK"

13:15~13:45

(11:00~12:30)

Super Athlete Talk Show 14:00~14:45

A talk show featuring Japanese athletes that have been successful on the world stage. Filming of the TOKYO MX TV network's sports program, Countdown Tokyo, will also take place.

Toshihiko Seko and The Punkies

Musical performance by former marathon athlete Toshihiko Seko and the Punkies



15:00~16:00

Super Athlete Talk Show



Japanese Comedians

"DOBUROCK"





Group Exercise

Super Athlete Stadium

■World Record Stadium ■Physical Strength Stadium

At the World Record Stadium, see world records set by super athletes and experience the greatness of these records as you try to match them. At the Physical Strength Stadium, test your physical limits by performing



<u>Omotenashi Tokvo and Sports City Tokyo Area</u>

Tokyo sightseeing spots and sports related facilities will be introduced. In addition, the area will promote Tokyo by featuring local gourmet foods and selling specialty products.



Variety of Booths

A variety of fun booths will be set up, including booths representing three prefectures in the Tohoku Region, Iwate, Miyagi, and Fukushima, selling regional specialties.



World Marathon Majors Area

The Tokyo Marathon joined the World Marathon Majors in 2012, becoming the sixth marathon in the series. The area will showcase each host country, including the cuisine each destination is famous for.



Food Vendors

To best enjoy the festival, you may want to start with a

Food trucks serving a variety of delicious dishes await



Ariake Tennis no Mori Park Ariake Colosseum Rinkai Line Hotel

Tokyo Big Sight

the Main Stage and Family Sports Land.



Collect stamps when you participate in sporting events at Ariake East Promenade and The Tokyo Rinkai Disaster Prevention Park. Those who collect three stamps will receive a small gift at the main registration desk for each venue.

Ariake **East**

okvo Rinkai Disaster **Prevention** Park

The Tokvo Rinkai Disaster **Prevention** Park

** Please note that program contents and scheduled guests are subject to change and/or cancellation due to weather conditions or other factors.