



- 📍 2F-E Hiro-o Rokkoku, 5-15-25  
Minami Azabu, Minato-ku
- 🕒 17:00 – 22:00 (Last Call)
- ✖ Sundays
- 🚶 30 sec. walk from Tokyo Metro Hibiya Line Hiro-o  
Stn Exit 2

Signature  
menu

Deep Fried Sakamoto Potato

Price 780yen  
Available July - December  
Ingredients used Potato (from Koganei)

Charcoal Grilled *Kawazato* Turnip

Price 780yen  
Available April - May/October - November  
Ingredients used Turnip (from Kodaira)



Aoyama Torimikura Honten



- 📍 3-12-4 Minami Aoyama, Minato-ku
- 🕒 Mon - Fri 11:30 - 16:00  
18:00 - 23:30 (Last Call 22:30)
- 🕒 Weekends and holidays 11:30 - 16:00  
17:00 - 22:30 (Last Call 21:30)
- ✖ Open everyday (except New Year Holidays)
- 🚶 4 min. walk from Tokyo Metro Omote-sando Station Exit A4

Signature  
menu

Charcoal Grilled  
Tokyo *Shamo* Chicken and Egg Rice Bowl

Price 1,080yen (for lunch)  
Available Year-round  
Ingredients used Tokyo *Shamo* Chicken

Tokyo *Shamo* Chicken Hot Pot

Price 2,050yen (per serving)  
Available Year-round  
Ingredients used Tokyo *Shamo* Chicken



# Jackpot Shiodome

☎ 03-6252-3655

URL <http://www.jack-pot.co.jp/>



📍 2F Careta Shiodome Canyon Terrace  
1-8-2 Higashi Shimbashi, Minato-ku

🕒 Weekdays 11:30 - 14:30/17:00 - 23:00  
Saturdays 11:30 - 23:00  
Sundays and holidays 11:00 - 22:00

✕ Open everyday

🚶 5 min. walk from JR Shimbashi Station  
2 min. walk from Shiodome Station on Yurikamome Line and Toei Dodo Line



Signature menu

## All-In-One Seafood Salad

Price 1,350yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae and Mitaka, coriander

## Hot from Oven Pizza with Oysters and Vegetables

Price 1,600yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae and Mitaka



# La Befana Shiodome

☎ 03-5537-0414

URL <http://www.jack-pot.co.jp/>



📍 2F Careta Shiodome Canyon Terrace  
1-8-2 Higashi Shimbashi, Minato-ku

🕒 Weekdays 11:30 - 14:30 /17:00 - 23:00  
Saturdays 11:30 - 23:00  
Sundays and holidays 11:30 - 22:00

✕ Open everyday

🚶 5 min. walk from JR Shimbashi Station  
2 min. walk from Shiodome Station on Yurikamome Line and Toei Oedo Line



Signature menu

## Pizza with Plenty of "Salanova" Salad

Price 1,450yen (tax excl.)

Available Year-round

Ingredients Vegetables from in-store vegetable used factory and Komae grown vegetables

## Bagna Cauda - the Kingdom of Vegetables with Contract Farmers and In-Store Factory Vegetables

Price 1,500yen (tax excl.)

Available Year-round

Ingredients Vegetables from In-store vegetable used factory and Komae grown vegetables



# Tokyo Ai-land

☎ 03-5472-6559

URL <http://www.tokyoislands-net.jp/>



- 📍 In the premises of Takeshiba Passenger Ship Terminal, 1-12-2 Kaigan, Minato-ku
- 🕒 9:00 – 22:30
- ✖ Open everyday
- 🚶 1 min. walk from Takeshiba Station on Yurikamome Line  
7 min. walk from JR Hamamatsucho Station/Daimon Station on Tokyo Metro Subway and Toei Subway Lines



Signature menu

## Minced Amberstripe Scad Burger

Price 550yen

Available Year-round

Ingredients used minced amberstripe scads from Hachiojima Island

## Tempura Udon Noodle with Island Seaweed and Ashitaba Leaf

Price 700yen

Available till middle of June (May change in summer.)

Ingredients used seaweed from Izu Islands, Ashitaba



# Shinkyoutei Shinkan

☎ 03-3580-2211

URL <http://shinkyotei.com/>



- 📍 2-4-2 Shimbashi, Minato-ku
- 🕒 Weekdays 11:00 – 22:00 (Last Call)  
Weekends and holidays 11:00 – 21:00 (Last Call)
- ✖ New Year Holidays
- 🚶 3 min. walk from JR Shimbashi Station Hibiya Exit



Signature menu

## Tokyo Feast Course Meal

(Course meal using carefully selected ingredients from Tokyo and served only from October to November)

Price 9,000yen

Available October to November

Ingredients used Vegetables from Tokyo, Tokyo Shamo Chicken, TOKYO X Pork, mushrooms from Okutama, fishes from Izu Islands and Tokyo Bay, Japanese gear, grapes, etc.

## TOKYO X Char-Siu Pork

Price 1,800yen (tax excl.)

Available Year-round

Ingredients used TOKYO X Pork



Soba Restaurant  
**Sarashina Horii** Azabujuban Honten



☎ **03-3403-3401**

URL <http://sarashina-horii.com/>

📍 3-11-4 Motoazabu, Minato-ku

🕒 Weekdays 11:30 – 20:30 (Last Call)  
 Weekends and holidays 11:00 – 20:30 (Last Call)

✕ Open everyday

🚶 5 min. walk From Toei Subway Oedo Line Azabu-juban Station Exit 7  
 5 min. walk from Tokyo Metro Namboku Line Azabu-juban Station Exit 4



Signature menu

**Wakatake Soba**

Price 1,770yen

Available late April to early May

Ingredients Hachioji grown bamboo shoots  
 used (one of Edo Tokyo vegetables)

**Terajima Soba**

Price 1,880yen

Available middle of August

Ingredients Terajima eggplant (one of Edo  
 Tokyo vegetables)



\*Our restaurant is using *Edo Senju negi* (spring onions) throughout the year.

editor's fav  
**Rurubu Kitchen AKASAKA**



☎ **03-5544-8786**

URL <http://jtbpublishing.co.jp/service/rurubukitchen.html>

📍 3-17-1 Akasaka, Minato

🕒 Mon - Fri 11:30 – 14:00  
 Mon - Thu 17:00~23:30  
 Fri 17:00 – 26:00  
 Sat 11:30 – 23:30 / Sun 11:30 – 22:30

✕ Open everyday

🚶 3 min. walk from Tokyo Metro Ginza Line Akasaka Mitsuke Station Exit 10 /  
 5 min. walk from Tokyo Metro Chiyoda Line Akasaka Station



Signature menu

**Tokyo Hatsu Brand TOKYO X  
 Sauteed Pork**

Price 1,500yen

Available Year-round

Ingredients TOKYO X Pork  
 used

**Hachiojima deep-fried minced  
 amberstripe scad**

Price 650yen

Available Year-round

Ingredients Deep-fried minced amberstripe  
 scad from Hachiojima  
 used



# erba da nakahigashi

☎ 03-5467-0560

URL [www.erbadanakahigashi.com](http://www.erbadanakahigashi.com)



- 📍 B1F NISHIAZABU4416, 4-4-16 Nishi-azabu, Minato-ku
- 🕒 17:00 – 20:30 (Last Call)
- ✖ Sundays
- 🚶 6 min. walk from Tokyo Metro Hibiya Line Hiroo Station



Signature menu

## Minestrone Soup

Price Excerpted from the 12,000 yen course menu price (tax and service not included)

Available Year-round

Ingredients All course menu dishes use ingredients produced in Tokyo (seasonal vegetables from Hachioji and used Akiruno, Tokyo *ukakkei* towl eggs, livestock products from urban areas, river fish, etc.)



# Hotel de Mikuni

☎ 03-3351-3810

URL <http://www.oui-mikuni.co.jp>



- 📍 1-18 Wakaba, Shinjuku-ku
- 🕒 12:00 – 14:30 (Last Call)  
18:00 – 21:30 (Last Call)
- ✖ Sunday evening, Monday
- 🚶 7 min. walk from JR, Tokyo Metro Marunouchi Line and Tokyo Metro Namboku Line Yotsuya Station Akasaka Exit



Signature menu

## Lunch Course (changes monthly)

Price 9,000yen

Available Year-round

Ingredients Seasonal ingredients such as golden sesame, shiitake mushrooms, passion fruits, etc.

## Dinner Course (changes monthly)

Price 23,000yen

Available Year-round

Ingredients Seasonal ingredients such as cucumbers, radishes, *goya*, *kuribou kabocha*, watermelons, Asian pears, bananas, etc.



# Jackpot Shinjuku

☎ 03-5312-0345

URL <http://www.jack-pot.co.jp/>



- 📍 3-12-2 Shinjuku Shinjuku-ku
- 🕒 Mon-Fri 17:00 - 23:30  
Weekends and holidays 12:00 - 23:30
- ✕ Open everyday
- 🚶 10 min. walk from JR Shinjuku Station East Exit  
3 min. walk from Shinjuku -sanjome Station Exit B2 on each line



## Signature menu

### Bagna Cauda with Assorted Vegetables

Price 980yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae and Mitaka

### Oyster and Vegetable Risotto

Price 1,380yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae and Mitaka



# Ekaie JP

☎ 03-5919-3880

URL <http://www.jack-pot.co.jp/>



- 📍 1F Sato Bldg, 3-12-1 Shinjuku, Shinjuku-ku
- 🕒 17:00 - 23:30
- ✕ Open everyday
- 🚶 10 min. walk from JR Shinjuku Station East Exit  
3 min. walk from Shinjuku-sanjome Station Exit B2 on each line



## Signature menu

### Shrimp & Cabbage Ajillo

Price 800yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae and Mitaka

### Bagna Cauda with Assorted Vegetables

Price 980yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae and Mitaka



# Gomaya Shinjuku-Sanchome

☎ 03-5269-8158

URL <http://www.jack-pot.co.jp/>



- 📍 5F Higashi Shinjuku Bldg. 3-4-1 Shinjuku, Shinjuku-ku
- 🕒 11:30 – 15:30 / 16:30 – 23:30
- ✖ Open everyday
- 🚶 5 min. walk from JR Shinjuku Station East Exit  
1 min. walk from Shinjuku-sanchome Subway Station Exit C3



Signature menu

## Chopped, Hefty, Amazing Salad

Price 1400yen (tax excl.)

Available Year-round

Ingredients Seasonable vegetables from Komae and Mitaka

## Fiery Bagna Cauda with Plenty of Colorful Veggies

Price 1,500yen

Available Year-round

Ingredients Seasonable vegetables from Komae and Mitaka



# Tokyo Islands *Shochu Izakaya* Kokkome

☎ 080-9971-3471

URL <https://m.facebook.com/kokkome8jo/>



- 📍 2F Maneki Dori Golden Street, 1-1-5 Kabukicho, Shinjuku-ku
- 🕒 19:00 – 3:00 next morning
- ✖ Irregular
- 🚶 10 min. walk from JR Shinjuku Station East Exit



Signature menu

## Hachijojima Island *Kusaya* (dried fish)

(Two or three days dried mackerel scad, lightly salted and semi-dried mackerel scad and flying fish)

Price 600yen - 800yen

Available Year-round

Ingredients Mackerel scad and flying fish used from Hachijojima Island

## Ashitaba Tempura and Boiled Salad

Price 400yen - 800yen

Available Year-round

Ingredients *Ashitaba* (from Hachijojima Island, Kozushima Island, etc.)



## Gensai Honten

☎ 03-3371-7533

URL <http://gensai.co.jp>

📍 1F Daini Ito Bldg, 7-10-11 Nishi-Shinjuku, Shinjuku-ku

🕒 11:30 – 14:30/17:00 – 23:30  
(to 23:00 on Saturdays)

✕ Sundays and Holidays

🚶 2 min. walk from Toei Oedo Line Shinjuku-nishiguchi Station  
2 min. walk from Seibu-Shinjuku Station  
5 min. walk from Shinjuku Station West Exit on each line



Signature menu

### Splendid alfonsino Shabu-Shabu Style Salad

Price 1,500yen

Available Year-round (served from 11:30)

Ingredients Splendid alfonsino (from Oshima Island,  
used Kozushima Island and Niijima Island)

### Conger Eel as *Sashimi* / *Tempura* / *Shirayaki* (lightly grilled)

Price 1,850yen

Available Year-round (served from 17:00)

Ingredients conger eel  
used (from Tokyo Bay, etc.)



## GENSAI ICHIJYO

☎ 03-3369-5110

URL <http://gensai.co.jp>

📍 2F Daiichi Ito Bldg, 7-9-17 Nishi-Shinjuku, Shinjuku-ku

🕒 11:30 – 14:00/17:00 – 23:00  
(to 23:00 on Saturdays)

✕ Sundays and Holidays

🚶 1 min. walk from Toei Oedo Line Shinjuku-nishiguchi Station  
2 min. walk from Seibu-Shinjuku Station  
3 min. walk from Shinjuku Station West Exit on each line



Signature menu

### Simmered Head of Splendid alfonsino

Price 1,250yen

Available Year-round

Ingredients Splendid alfonsino  
used (from Kozushima Island)

### Diamond Squid *Sashimi*

Price 1,250yen

Available Year-round

Ingredients Diamond squid (from Ogasawara)  
used \*One of the largest edible cuttlefishes



\*Also served as *sashimi*, boiled and *shabu-shabu* style, etc.



# Cafe Hananoki

☎ 03-3341-1461

🌐 <http://www.fng.or.jp>



📍 Inside the Shinjuku Gyoen National Garden Information Center, 11 Naito-cho, Shinjuku-ku

🕒 9:00 – 16:00

🚫 Closed days for Shinjuku Gyoen National Garden

🚶 In the information center next to [Shinjuku Gate] at Shinjuku Gyoen  
Nearest station to Shinjuku Gate: 5 min. walk from Shinjuku-gyoenmae / Shinjuku -sancho Subway Stations



Signature menu

**"Edo Tokyo Vegetable" Naito Red Pepper Flavored Strawberry Sauce Ice Cream**

Price 360yen

Available Year-round

Ingredients Vegetables grown in Tokyo used (Nerima, Kodaira, Koganei, etc.)

**Cake & Drink Set-Yuzu Flavor Leek and Red Pepper Cake**

Price 650yen

Available Year-round

Ingredients Vegetables grown in Tokyo used (Nerima, Kodaira, Koganei, etc.)



\* Oshima Island "Umi no Sei" sea salt is used.

# Restaurant Yurinoki

☎ 03-3341-1461

🌐 <http://www.fng.or.jp>



📍 11 Naito-cho, Shinjuku-ku (In the Shinjuku Gyoen National Garden \* separate admission fees for the garden)

🕒 9:00 – 16:00

🚫 Closed days for Shinjuku Gyoen National Garden

🚶 Shinjuku Gate /Ookido Gate: 5 min. walk from Shinjuku-gyoenmae/Shinjuku-sanchome Subway Stations (10 min. walk from Shinjuku station on each line)  
Sendagaya Gate: 5 min. walk from JR Sendagaya Station/ Kokuritsu-kyogijo Subway Station



Signature menu

**Set Meal: Forest Feast Venison Curried Rice with Naito Red Pepper**

Price 1,000yen

Available Year-round

Ingredients Vegetables grown in Tokyo used (Nerima, Kodaira, Koganei, etc.)

**Satogaeri Gozen (Homecoming Special Set Meal)**

Price 1,500yen

Available Year-round

Ingredients Vegetables grown in Tokyo used (Nerima, Kodaira, Koganei, etc.)



\* Oshima Island "Umi no Sei" sea salt is used.

## Kaidarake

☎ 03-6279-0116

URL <http://mikore.info/>

📍 1F LeCIEL Nishi-Shinjuku, 1-13-8  
Nishi-Shinjuku, Shinjuku-ku

🕒 11:30 – 23:30

(Lunch served till 15:00)

✖ Sundays

🚶 5 min. walk from Shinjuku Station West Exit  
on each line



Signature menu

## Green Salad

Price 600yen

Available Year-round

Ingredients Seasonal vegetables from Mitaka (cabbage,  
used lettuce, tomato, carrot, cucumber, etc.)

## Vegetable Tempura

Price 780yen

Available Year-round

Ingredients Seasonal vegetables from Mitaka (mushroom,  
used potato, shiso/Japanese basil, carrot, etc.)



Charcoal Grill Kappo

## Mikore Shinjuku Nishiguchi

☎ 03-6302-0903

URL <http://mikore.info/>

📍 3F Masuya Bldg, 1-15-5  
Nishi-Shinjuku, Shinjuku-ku

🕒 11:30 – 24:00

(Lunch served till 15:00)

✖ New Year Holidays

🚶 5 min. walk from Shinjuku Station West Exit  
of each line



Signature menu

## Fresh Vegetable Salad

Price 680yen

Available Year-round

Ingredients Seasonal vegetables from Mitaka (cabbage,  
used lettuce, tomato, carrot, cucumber, etc.)

## Tempura of the Season

Price 780yen

Available Year-round

Ingredients Seasonal vegetables from Mitaka (mushroom,  
used potato, shiso/Japanese basil, carrot, etc.)



# Sakana no Mikore

☎ 03-5990-5906

URL <http://mikore.tokyo/>



- 📍 B1F Sunflower Bldg, 1-3-1 Nishi-Shinjuku, Shinjuku-ku
- 🕒 11:30 – 5:00 next morning (Lunch served till 16:00)
- ✖ New Year Holidays
- 🚶 3 min. walk from Shinjuku Station West Exit on each line



Signature menu

## Freshly-Picked Veggie Sticks

Price	600yen
Available	Year-round
Ingredients used	Seasonal vegetables from Mitaka (Daikon radish, kidney bean, carrot, cucumber, etc.)

## Smashed Cucumber Salad

Price	420yen
Available	Year-round
Ingredients used	cucumbers from Mitaka



Shinjuku

# Mikore Shokudo

☎ 03-6279-4767

URL <http://mikore.top/>



- 📍 2F Seiei Bldg, 1-16-9 Nishi-Shinjuku, Shinjuku-ku
- 🕒 11:00 – 15:00/17:00 – 23:00  
\*Subject to change.
- ✖ Sundays
- 🚶 3 min. walk from Shinjuku Station East Exit



Signature menu

## Organic Vegetable & Tofu Salad

Price	520yen
Available	Year-round
Ingredients used	Seasonal vegetables from Mitaka and Setagaya (cabbage, red leaf lettuce, carrot, broccoli, cucumber, etc.)

## Cucumber seasoned with Japanese Plum

Price	350yen
Available	Year-round
Ingredients used	cucumbers (from Mitaka and Setagaya)



Shinjuku

# Tokyo Catering

Tokyo Metropolitan Government Main Building No.2. Staff Cafeteria

☎ 03-5320-7516

URL



📍 4F Tokyo Metropolitan Government Main Building No.2  
2-8-1 Nishi-Shinjuku, Shinjuku-ku

(The entry procedure will be required on the first floor or the second floor of the government building)

🕒 [Lunch] 11:30 – 14:00

[Staff Club Cafeteria] 17:30 – 21:00

✖ Weekends and Holidays (Closed days for Tokyo Metropolitan Government Buildings)

🚶 2 min. walk from Toei Subway Oedo Line Tochomae Station



Signature menu

## Tokyo Veggie Healthy Lunch (daily menu)

Price 690yen

Available Year-round (served daily on weekly menu basis)

Ingredients Seasonal vegetables grown in Tokyo (sample menu: Chicken/amban (Fried Chicken) with Black Vinegar  
used Source\* using Machida grown carrots, Komatsuna (Japanese mustard spinach), Wakegi scallions

## Variety Lunch Special

Price 690yen or 880yen

Available Year-round (weekly menu served for everyday)

Ingredients e.g. soft pork  
used (produced in Tachikawa)



Eurest Japan, Inc.

# Tokyo Tochou

☎ 03-5320-7510

URL



📍 32F Tokyo Metropolitan Main Building No.12-8-1 Nishishinjuku, Shinjuku-ku  
(Must complete entrance procedures on first or second floor)

🕒 11:30 – 14:00

✖ Saturdays, Sundays, Holidays, New Year Holidays

🚶 Immediately in front of Toei Oedo Line Tochomae Station or 10 min. walk from JR Shinjuku Station



Signature menu

## Ashitaba Roll Katsu

Price 690yen

Available Year-round

Ingredients Hachiojima Ashitaba  
used

## Murobushi Croquette and TOKYO X Pork Tonjiru Pork Soup

Price 690yen

Available Year-round

Ingredients Hachiojima scad katsuobushi,  
used Tokyo X Pork

