

For expectant and nursing mothers who have been infected with the novel coronavirus



We provide care and consultations by specialists.



Expectant and nursing mothers may be worried about the COVID-19 pandemic as they are going to give birth or nurse newborn babies. Even if it is confirmed that you have been infected, we will provide support in order to ease your concerns as much as possible with midwives and others.

Midwives and other specialists provide technical care by visiting you or providing consultations on the telephone.

Eligible persons (The following persons are eligible for support.)

- Expectant and nursing mothers who have tested positive
- Expectant and nursing mothers who worry about their health and childcare after giving birth and would like to have support

The content of support is:

- Specialists such as midwives and public health nurses provide support.
- We listen to various worries and problems from expectant and nursing mothers and provide professional care and advice/support concerning childcare, accompanying them.
- The support is provided free of charge.

Where to apply for assistance:

- Please contact the following municipalities.
- Make sure to bring your maternal and child health handbook with you when applying for and using the support.

I've been infected COVID-19. I'm concerned whether I can give birth or nurse my baby safely. I'd like to consult with a midwife.



I was infected with COVID-19 and gave birth by Caesarean section.

I was separated from my baby for some time. I am worried about how to breastfeed.

Because I was infected with the novel coronavirus, I could not attend infant-care classes. I am worried about how to nurse my baby.



I was infected with COVID-19, so I could not return to my hometown for childbirth, and I am worried because there is no one to consult with close to me.

If you have any concerns, please feel free to consult with us!



* If you are worried about COVID-19 and want to receive prepartum virus testing, please see the reverse side.

Where to apply/contact

- For expectant and nursing mothers residing in Tokyo 23 wards, Hachioji City or Machida City, please find the contact list on the following website.
- For expectant and nursing mothers residing in districts other than Tokyo 23 wards, Hachioji City or Machida City, please contact the following section.

Mother and Child Health personnel at the Child and Family Support Section, Declining Birth Rate Countermeasures Division, Bureau of Social Welfare and Public Health, Tokyo Metropolitan Government Tel: 03-5320-4368

For details of this project, please visit <https://www.fukushihoken.metro.tokyo.lg.jp/kodomo/shussan/covid19-ninpushien.html>

